

Parent/Guardian Handbook

Welcome

Congratulations on becoming a member of Boys & Girls Club of the Foothills! We would like to welcome you to the Club and inform you of the many things we have to offer. The key ingredients at Boys & Girls Club of the Foothills (BGCF or "Club") are parent/guardian and member involvement, staff, community support and Board involvement. BGCF has professional staff and volunteers. Staff members are trained and kept up-to-date with the needs, interests and changing trends of today's youth. Staff members attend workshops, seminars and trainings offered locally and by Boys & Girls Clubs of America. The following information will highlight the programs we have to offer and explain the policies of our organization. Feel free to contact us at (626) 305-5353 for additional information.

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Club Mission & Purpose

Boys & Girls Club of the Foothills is a certified 501(c)(3) non-profit youth development agency serving youth ages 5-18. For more information about our status and our IRS Letter of Determination, please call the Club at 626-305-5353.

The Mission of Boys & Girls Club of the Foothills (BGCF) is to enable all young people to reach their full potential as productive, caring, and responsible members of the community.

A Boys & Girls Club provides:

- A safe, positive environment
- Access to fun and a sense of belonging
- Access to supportive relationships
- Meaningful opportunities and expectations
- Formal and informal recognition

With the infrastructure and proven programming of Boys & Girls Clubs of America behind us, we offer daily access to a broad range of programs in five areas:

- 1. Character and Leadership Development
- 2. Education and Career Development
- 3. Health and Life Skills
- 4. Sports, Fitness and Recreation
- 5. Arts and Creative Skills

Core Values:

- INTEGRITY: We are authentic, honest, and transparent, unwavering in upholding our core beliefs and ethical standards. We follow through on commitments, hold ourselves accountable, and inspire others to do the same. Trust and respect are paramount in our actions.
- COMMUNITY: We believe being known, valued, and cared for is essential to fulfilling our mission. We create an environment where individuals are seen and acknowledged for their unique contributions, fostering a sense of worth and significance.
- DEVELOPMENT: We prioritize growth for our members, staff, and supporters, encouraging the sharing of knowledge and helping individuals overcome challenges to achieve their goals. Our culture emphasizes mentorship and learning, empowering us to reach our full potential as individuals and as an organization.

- INNOVATION We cultivate a dynamic environment that nurtures creativity and encourages the exploration
 of new ideas, diverse approaches, and inventive solutions. We embrace a mindset of curiosity and
 experimentation, recognizing that not every endeavor will result in success, but honoring the learning
 experiences they bring.
- BALANCE: We prioritize a healthy balance in our school/work, physical, mental, emotional, and social well-being as essential aspects of health, productivity, happiness, and meaningful connections with others.
- EXCELLENCE: We pursue the highest standards of safety and performance, consistently striving for improvement. We embrace challenges, learn from our failures, and set ambitious goals for the betterment of our community. We rigorously measure impact, doing Whatever It Takes to reach our full potential as individuals and as an organization, while helping those we serve to do the same.

Our carefully designed programs are tailored to empower young individuals from diverse backgrounds, fostering essential qualities for overcoming challenges, instilling a sense of responsibility, and cultivating their emergence as influential leaders.

Great Futures Start Here!

Hours of Operation

Administrative Office

600 S. Shamrock Avenue, Monrovia

Monday - Friday, 9:00 am - 5:00 pm

(626) 305-5353

www.foothillsbgc.org

info@foothillsbgc.org

Shamrock After-School Program Hours

600 S. Shamrock Avenue, Monrovia

Monday - Friday, 1:00 - 6:30 pm

(626) 594-3268

bcardenas@foothillsbgc.org

Mayflower After-School Program Hours

Monday - Friday, 1:00 - 6:30 pm

Mayflower Morning Program: M-F 6:30 am - 8:00 am

(626) 594-3279

ebarrera@foothillsbgc.org

Mary Wilcox Teen Center Program Hours

843. E. Olive Avenue, Monrovia Monday - Friday, 1:00 - 6:30 pm (626) 594-3272 sglover@foothillsbgc.org

The Club observes and will be **closed** on the following holidays:

New Year's Day, Martin Luther King, Jr. Day, President's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving Day, the Day after Thanksgiving, Christmas Eve, Christmas Day, New Year's Eve Observances are subject to change.

Membership

School Year Membership is open to children/teens entering Kindergarten through 12th grade (TK membership is available at school sites that offer a TK program). Summer Membership is open to children/teens entering 1st-12th grade. For summer, children entering Kindergarten will have to wait for the fall to begin attending the Club.

Space is limited. Registration is accepted on a first come, first served basis. Financial assistance is available; no one is turned away for financial reasons.

Before becoming a member of Boys & Girls Club of the Foothills, the following steps must be taken:

- A parent/guardian must complete a membership orientation packet for the youth (under 18) applying for or renewing membership.
- The membership application **must** be completely filled out, dated and signed.
- It is the parent or guardian's responsibility to update any information that may have changed.
- A payment plan will be established credit/debit card preferred, cash or check accepted.

Equal Access

At Boys & Girls Club, we are dedicated to caring for all youth who join our community. However, it's important for parents to be aware that we do not offer one-to-one care. We gladly welcome aides at our Club sites, provided they have undergone a background check and completed mandatory BGCF training. This ensures a safe and supportive environment for all our members.

Liability Release Information

The parent/guardian of the minor child member, on behalf of the minor child member and for themselves, their heirs, executors and administrators, hereby release, waive, acquit and forever discharge Boys & Girls Clubs of the Foothills (BGCF) and Boys & Girls Clubs of America (BGCA), their representatives, successors, insurers, assigns or any other person or entity associated with any of the above organizations such as staff, directors or volunteers, from all liability, claims, demands, or causes of action for any and all loss, damage, injury or death and any claim of damages resulting from use of facilities owned or controlled by the above organizations, or participation in activities of said organizations either at or away from the Club.

IMPORTANT: Parent Information Guide Waiver Reminder

Due to COVID – 19, our program may be modified. Maintaining high quality programming and safety are BGCF's top priority. We may be limiting member occupancy at each location to follow guidelines directed by the County of Los

Angeles of Public Health Department (LACPHD). Our programs are conducted and operated by our most experienced staff with an adequate ratio of staff to children. Based upon guidance from the US Centers for Disease Control and Department of Public Health, we are asking for your cooperation with the following protocols to protect our members and staff:

- DO NOT SEND YOUR CHILDREN TO THE CLUB IF THEY ARE EXPERIENCING COLD/FLU-LIKE SYMPTOMS OR ARE FEELING SICK IN GENERAL. If the member or parents/guardians are visibly sick, the member will not be allowed to enter the Club. If the member becomes sick at the Club, the member will be isolated immediately, and parents/guardians contacted for immediate pick up.
- If a parent/guardian is visibly sick at drop off or pick up, we will ask the parent/guardian to stay outside the Club and a staff member will escort the member outside to the parent/guardian.
- Upon arrival at the Club and prior to eating, members will wash their hands thoroughly. Hand sanitizer is used when necessary.
- All restrooms are closely monitored to ensure hand soap is always available.

These guidelines are subject to change as the LACPHD issues updated guidance.

There is always a risk of infection when in close contact with others. As a reminder, please review the WAIVER OF CLAIMS all parents/guardians signed upon registration for membership with Boys & Girls Club of the Foothills.

Parent/Guardian Involvement

Upon registering your child as a member, you become a part of the BGCF family as well. Families are an important part of Boys & Girls Club of the Foothills, too! Feedback, volunteering and "Family" nights are ways in which parents/guardians can get involved in creating the best possible experience at the Club for all members.

Volunteering/Donations

In order for there to be little to no barriers to families who need the Club, BGCF keeps our fees far below market rate and offers generous scholarships to anyone who needs them. No one is turned away from BGCF due to financial restraints. For those families who do not require financial assistance, we ask you to help us make up the difference between fees and actual cost by making a monthly, tax-deductible donation to BGCF. If you are unable to donate personally, you can volunteer at fundraising events and/or approach your employer or another business to donate on your behalf. Most other programs in the area have a required fundraising or donation expectation on top of their program fees. Any help you can provide is greatly appreciated, and will go far to support the kids in our care. Donation and/or volunteer opportunities will be discussed with all families during enrollment.

Check In/Check Out Policy

It is the parent's or guardian's responsibility to check your child in and out of the Club (see Safe Passage Policy below for exceptions). BGCF asks that all parents/guardians assist us in tracking all members by making sure your child has the membership card each time they check into the Club. Please do not honk in front of the Club or call the front desk to send for your child(ren) when you pick them up at the end of the day. It is the parent's/guardian's responsibility to collect any newsletters, flyers or memos about Club news at the site's "front desk." BGCF is not held responsible for any information made available on a daily basis and not received by the parent/guardian.

Court Orders

The Club requests that any current court orders regarding custody/restraining orders be submitted to your site's Membership Coordinator, Site Director or the Club's Administrative Office (600 S. Shamrock Ave. Monrovia) and that the parent/guardian inform the Club immediately of any changes in the order. This allows the Club to ensure every child is picked up by the appropriate individual.

Club Rules & Policies

- Respect yourself and others.
- Follow directions immediately when instructed.
- No cursing.
- No fighting or rough play.
- No "put downs" or bullying.
- Take care of Club equipment and keep the Club clean.
- Be honest.
- No stealing.
- Falsely setting off the fire alarm or security alarm is not tolerated. Anyone intentionally setting off alarms will automatically be suspended for one month, and the parent/guardian of the child will be held responsible for paying the related fees.
- Members must bring their membership cards daily.
- All visitors, parents/guardians and volunteers must sign in before entering the building.
- Members can only be picked up by a parent/guardian or approved family members and friends.

Safe Passage Policy

In the interest of your child's safety, Boys & Girls Club of the Foothills have adopted our Safe Passage Policy.

- Members must use their membership card to scan in and out of the Club each day.
- Members under the age of 12 must be retrieved by a parent/guardian or other authorized adult (PGA). PGA's are required to enter the facility and sign their child out. Picture ID will be required.
- Members age 12 and older may leave the Club unescorted with prior written permission from a parent or legal guardian and a signed release of liability.
- Members 12 and older may also escort other members of their household from the Club with prior written permission and a signed release of liability.
- No member, regardless of age, will be allowed to return to the Club once they leave the premises for the day.
- If an individual attempts to pick up a child and appears to be under the influence of alcohol or drugs (determined by a staff member), an alternate authorized individual will be contacted to pick up the child. If the individual insists that the child be released, the local police will be immediately contacted.
- Members who leave unescorted without written permission will face disciplinary actions up to and including suspension and termination of membership.
- Boys & Girls Club of the Foothills, by law, is not allowed to physically restrain a member that insists on leaving the Club facility, nor block the facility's exits. Therefore it is the responsibility of parents/guardians to discuss this Policy with their children and ensure that they do not leave the Club unescorted and/or without permission. The Club will not accept responsibility for members that leave the Club unsupervised and in breach of this policy.

Loitering

To ensure the safety of our members, the Club does not allow members to congregate and loiter around Club facilities and adjacent properties. Parents/guardians are asked to instruct their children to participate in activities at the Club or go elsewhere, but not to loiter. Repeat offenders will be suspended or terminated from the program.

Late Policy

The Club opens and closes promptly as posted. Parents/guardians who are late picking up their child(ren) will be charged \$1.00 per child for each minute late. Parents/guardians who are continually late (5 or more times) will be charged \$15 per child per minute. Parents/guardians, emergency contacts and/or those listed as authorized pick-ups will be called to pick up children remaining at the Club at closing. Any children remaining at the Club one hour after closing will be taken to the Police Department. BGCF asks that parents/guardians ensure that children do not arrive early or leave late.

Telephone Calls

The phones at the Club are available to reach members for emergencies only.

Dress Code

Clothing with symbols and/or messages promoting drugs, sex, violence, profanity, slurs, non-inclusive messages/symbols or gangs is not permitted at the Club. All members should wear closed-toe tennis shoes or sneakers at the Club. Clothing that is appropriate for the school campus and within the school district guidelines is generally acceptable at BGCF.

Personal Belongings

I understand and agree that BGCF is not responsible for my child(ren)'s lost, stolen or damaged items that were brought to the Club. This includes but is not limited to: cell phones and other electronic devices, toys, clothing, lunch boxes, backpacks, schoolwork, etc.

Lost & Found

Personal belongings should be properly marked and stored in cubbies or book bags. In many cases, there will not be enough available cubbies for each child to have their own and cubbies will be shared. Any articles lost or stolen are not the responsibility of the Club. Members should take home all projects and personal belongings each day. Lost & Found items are collected and kept for two weeks. All unclaimed items will be taken to a local thrift store.

Club Supplies & Equipment

Parents/Guardians will be held financially responsible for any Club equipment, supplies or property that is purposely damaged or destroyed by their child.

Health Policy

It is important that every parent/guardian cooperates with the Health Policy. These procedures are designed to protect the well-being of all members.

If a member becomes ill at the Club, s/he must be picked up within an hour after contact has been made with the parent/guardian. Please do not bring a sick child to the Club. Boys & Girls Club of the Foothills is not a day care facility and is not equipped with an area to isolate or take care of ill members. Please do not send your child to the Club if they have the following symptoms: fever or chills, persistent congestion or cough, sore throat, swollen glands,

earache, nausea, vomiting, skin rashes, inflamed eyes, pinkeye, head lice or diarrhea. This is not an exhaustive list and we encourage you to keep your child at home under your own discretion if they appear sick in any way.

At least two staff members at each site are trained in First Aid & CPR. Parents/Guardians will be notified if their child has had an accident. In case of a minor accident requiring attention, BGCF will apply proper first aid. If the accident requires, emergency personnel will be notified. If a child requires an ambulance, a staff person will accompany the child and will wait with the child until parents arrive at the emergency room. All written notes, including but not limited to accidents, injuries or incidents and/or behavior incidents and/or warning forms are the property of Boys & Girls Club of the Foothills and will not be released to anyone without a court order.

Medication

Boys & Girls Clubs of the Foothills urges parents/guardians to schedule any necessary medication to be administered outside of their child's time at Boys & Girls Clubs of the Foothills. If medication must be administered during Club hours, it must be done so in accordance with the BGCF Medication Policy. Any medication needed by members during their time at the Club must be brought to the office with the BGCF Prescription Medication form completed and signed by a parent/guardian. Staff will not administer medication. A member may self-administer medication at the Club or during Club activities if so ordered by a medical provider.

The purpose of this policy is to provide control over the administration and use of medications by members of Boys & Girls Clubs of the Foothills, to assure that such drugs are prescribed by and administered according to the instructions of a physician; and to promote and facilitate good health and medical treatment of members of Boys & Girls Clubs of the Foothills. If the administration of any drug prescribed by a physician requires specific training, such as an injection (other than EPIPEN), Boys & Girls Clubs of the Foothills will be unable to administer the medication. Such medication will need to be administered outside of Club hours. A copy of the full Medication Policy is available at each site at the "front desk."

Self-Administration Procedures:

- Self-administration privileges may be revoked if a member demonstrates a lack of responsibility towards self or others.
- When self-administering medication, the member must do so in the presence of adult staff, and documentation of the administration must take place.
- A locked storage area shall be designated for the storage of the medication. Medication requiring refrigeration shall be kept in a refrigerator in an area not commonly used by members.
- Each dosage of medication will be logged and stored at the Club location. If the medication is carried and administered by the member, documentation will be unable to occur.

Equal Access

We provide care to all youth who enter our doors, but request that parents understand Boys & Girls Club does not provide one-to-one care. Aides are welcome at Club sites when they have been background checked, completed mandatory BGCF training and cleared with the coordinator through the parent and proof of placement has been provided.

Prohibition of Sexual Abuse and Sexual Misconduct Policy

All employees, volunteers, and board members must undergo a thorough criminal background check every year. Our staff participate in professional development training sessions, including training from the Department of Child and Family Services. Our Board of Directors has a safety committee, which is continually assessing safety levels at all three of our sites and implementing policies to address and prevent any possible issues that may threaten the safety of our members. We are also required to complete mandatory safety assessments each year by our national organization, Boys & Girls Clubs of America (BGCA).

Should any suspected or allegation of sexual abuse or misconduct be made, we are required to report it to both law enforcement and to BGCA within 24 hours. Clubs are mandated to treat allegations as criminal matters first, which ensures any harm to a child is investigated and handled by law enforcement with the full cooperation of local Clubs. Boys & Girls Clubs of America tracks and monitors allegations of abuse or misconduct at local Clubs.

24-hour Toll-free Child Safety Hotline

We encourage all staff, members, and families to report any incident or situation they feel is unsafe. Through our national partnership with Praesidium, one of the nation's leading safety experts, Boys & Girls Club of the Foothills members and staff have access to a confidential 24-hour toll-free Child Safety Hotline, 866-607-SAFE (7233) or email SafeClub@Praesidiuminc.com.

Behavior Management

Behavior Management Philosophy

Club programs are designed to help young people gain self-confidence, increase knowledge, develop mentally and physically, and gain perspective on their future opportunities. Through the teaching of honest values and concern for others, Club programs foster positive attitudes and behavior. The Club is committed to providing the best possible experience for your child. In order to ensure participant safety and maintain a positive environment, rules of the Club will be posted and staff will use behavior management procedures with members who exhibit inappropriate behavior. The most common behavior management technique used by our staff is redirection to another activity or behavior.

Our staff are trained to redirect children away from situations in which the child is not engaged or is facing a challenge. Our goal is for each child to benefit from programming throughout the day, so if a child is having a bad day or is struggling, we will offer alternatives for them. In some cases, if redirection is not effective, the child may be asked to sit with the front desk staff or the Site Director in order to give them time to refocus. Our hope is that the child will be able to rejoin their group successfully. If the child is unable to return to their group, a parent/guardian will be called to speak with the child. Occasionally, our staff will need to follow further procedures in order to keep all children safe and maintain a positive environment in the Club. These procedures will be followed by all staff and approved by the Site Director of the Club.

Behavior Management Procedures

The following steps will be utilized with the child and may require parent/guardian support to assist in carrying out the established rules and policies of the Club. The severity or nature of the conduct at issue will determine the level of discipline. Proper behavior is expected at all times. When disruptive and/or uncooperative behavior becomes a problem, the following steps will be taken:

- 1st Behavior Incident—Redirection to more appropriate choices
- **2nd Behavior Incident**—Time out or Club service and parent/guardian notification
- **3rd Behavior Incident—Infraction Form** and parent/guardian notification

If behavior continues on subsequent days/weeks, steps 1, 2 and 3 above will continue with the following further steps involving the parent/guardian:

Second Infraction Form, a conference with parent/guardian scheduled

Third Infraction Form, temporary suspension from programs between 2 and 5 days and a meeting with parent/guardian to develop a behavior plan.

BGCF reserves the right to expel any member from the Club for behavior issues that continue beyond the third infraction form and behavior plan. Members expelled from one site are automatically ineligible for membership at any of Boys & Girls Clubs of the Foothills locations during that school year. Parents/guardians can reapply for membership the following school year, but acceptance is not guaranteed.

Depending on the severity of the misbehavior, the Club reserves the right to immediately enforce a suspension and/or expulsion. These misbehaviors include, but are not limited to:

- Fighting
- Stealing
- Possession of and/or attempt to sell tobacco, drugs, drug paraphernalia, vape pens, or alcohol

- Possession of a weapon
- Possession of and/or attempt to share pornography of any sort

Repeated issues of a member not following directions, disrespecting, disregarding, or similar behavior toward staff, volunteers or other members will also lead to infraction forms and possible suspension or expulsion.

Parents/guardians will be informed of their child's behavior infraction and will be asked to sign a notification form. This signature acknowledges a conversation about the behavior issue took place between the staff and the parent/guardian. If a parent/guardian disagrees with an infraction, they can schedule a meeting with the Site Director or Director of Operations and the Staff member who issued the infraction. Any member who is suspended must meet with the Site Director with their parent/guardian to review their "plan of action" before returning to the Club. All written notes, including but not limited to accidents, injuries or incidents and/or behavior incidents and/or warning forms are the property of Boys & Girls Club of the Foothills and will not be released to anyone without a court order.

Bullying

Boys & Girls Club of the Foothills (BGCF) is committed to providing a safe, secure and healthy environment that allows all students to maximize their learning potential. BGCF considers bullying to be detrimental to the health and safety of students and is prohibited in all programs, buildings, properties, and educational environments. This includes any property or vehicle owned, leased, contracted, or used by the BGCF such as public transportation regularly used by students to go to and from BGCF.

Bullying is aggressive and hostile behavior that is intentional and involves an imbalance of power between the bully and the bullied.

This behavior may include, but is not limited to:

- Physical and verbal assaults
- Nonverbal or emotional threats or intimidation, harassment, extortion
- Social exclusion and isolation
- Repeated teasing, put-downs, name-calling, hazing
- Rumors / False accusations

Bullying based on sex, gender identity, race, color, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation, gender/gender expression, or physical, mental, emotional, or learning disability or handicap in its education programs or activities is also prohibited by law and BGCF policy.

Cyberbullying

Members may not use any technology to harass, threaten, demean, humiliate, intimidate, embarrass, or annoy others. Examples of cyberbullying include, but are not limited to, harassing, threatening, or mean text messages, emails, or comments on social media; rumors sent by email or posted on social networking sites; and use of embarrassing pictures, videos, websites or fake profiles.

Parent/Guardian Expectations

We acknowledge that our greatest ally in behavior management of children are the parents/guardians of the children. It is our desire to work side by side with you when dealing with behavior issues. In our efforts to do so, we ask that all parents/guardians and family members please show respect to our staff, volunteers and other members.

Parents/guardians should not approach or attempt to discipline members of the Club who are not under their guardianship. Any aggressive or disrespectful behavior from a parent/guardian toward staff, volunteers, another parent/guardian or other club members will not be tolerated and their child(ren) will be subject to expulsion from the Club.

Restroom Usage

Boys & Girls Club of the Foothills is committed to providing a safe environment and enforcing the following restroom policy for members, staff, volunteers, and other adults.

All sites include designated restrooms for members and a separate restroom designated for adults.

Restrooms located at all BGCF sites shall be regularly monitored by designated staff at a schedule set by Club leadership. Monitoring includes walk-throughs and inspections set by Club leadership.

Adults, including staff, volunteers, and any other adult in the Club, shall not utilize the member restrooms. The member restroom facilities are for youth only. Adults will be provided a key to the adult restroom where applicable.

Accommodations for People Who are Gender Nonconforming

Boys & Girls Club of the Foothills is committed to providing a safe environment by allowing every youth, staff, volunteer, and another adult to utilize the restroom facilities consistent with their gender identity. The Club Director will meet with gender nonconforming youth, their parents, and/or advocates to discuss the member's preference and the Club facilities available, and to confirm that the person and caregivers are comfortable with the restroom plan.

We are committed to providing a safe environment and enforcing the following restroom policy for members, staff, volunteers, and other adults while on a field trip and/or utilizing a shared space, including public access to restrooms used by Club members. Youth shall never enter a restroom alone unless it is a single-stall restroom that is empty. Youth shall follow the "rule of three" in using public restrooms, with at least three youth and an adult walking to the restrooms, and three youth entering a multi-stall facility together.

After-School Transportation

Boys & Girls Club of the Foothills provides after-school "transportation" to the Club from several local schools in Monrovia and Duarte (please contact the main office to receive the current list of schools). The purpose of the transportation program is to provide safe transportation for Club members. Some schools are picked up in school district buses or the Club's vans or bus, while others, a BGCF staff person walks the children from the school to the Club site. Parents/guardians may enroll their children in the on-going transportation program by completing the necessary paperwork at the site. Enrollment reserves a space on the bus/van on a first come first serve basis. Space is limited.

Each school location will have a designated time and spot for pick up. It is the responsibility of your child(ren) to be on time and at the right location. Boys & Girls Club will not be responsible for members who arrive late to the pick up location. Parents/guardians will have to make their own transportation arrangements in the event your child misses the bus or van. All members should be at the pickup location at the school within 5 minutes of school dismissal. Our drivers will wait a maximum of 5 minutes after scheduled time of pick up for late arrivals. Because of the large number of passengers in this program, staff cannot wait beyond a reasonable time, nor search for children who are not at the designated pick up location.

In the event a Club vehicle is unavailable to do school pick-ups, we will provide transportation using alternate vehicles. The same discipline procedures we have at Boys & Girls Club of the Foothills will be enforced during transportation. Staff will enforce van and bus rules, stopping if necessary to ensure orderliness of riders. It is possible, based on the offense, that members can be suspended from our transportation services. Skateboards & scooters are allowed on vans and the bus, but must be secured at all times. If they become a safety risk, that privilege will be revoked.

The Club adheres to CHP regulations regarding vehicles, drivers, and safety procedures. The Club vehicles are checked before each trip. Drivers shall observe posted speed limits and all traffic laws. Staff may not drive alone in a vehicle with a member without permission from the Site Director. Dash-cameras are in use in all Club vehicles.

Booster Seats

California law states that each child under 8 years of age or under 4'9" in height shall be properly secured in a booster seat. The booster seat must be used with lap and shoulder belts.

To confirm if a child over 8 years old can safely ride in a seat belt alone, all of the following must be met:

- Sit with back up against the vehicle seatback
- Knees bent naturally over the edge of the seat
- Lap belt fits low and snug across the top of the thighs
- Shoulder belt crosses the collarbone and center of the chest

Field Trips

Field trips are not included in the program fee. Trips are advertised with flyers and signs posted at the Club. In order for a member to attend a trip, a permission slip must be signed by the parent/guardian and returned to the "front desk" along with payment before being added to the trip roster. All trips operate on a first come, first serve basis due to limited seating on trips. To attend field trip destinations that include bodies of water or swimming, participants must meet a minimum swimming requirement. The Club remains open and follows the regular schedule for children not attending field trips. Only an All-Club Trip would entail the entire Club attending the scheduled excursion. Therefore, the Club facility will be closed on that day. If a member does not attend the All-Club Trip, the parent/guardian will have to make other arrangements for care that day. If a child receives an infraction form at the Club, they may lose the privilege of attending a field trip.

Missing Child

A member shall be considered missing after not returning to the group at the end of a field trip, outing, or restroom visit. Program staff must stay with the group and notify Site Directors and the front desk so that they can initiate a search for the missing child. The Site Director or membership coordinator will then notify the parent or guardian. If the member is not found within 15 minutes, staff shall contact the police.

Technology

Boys & Girls Clubs of the Foothills is committed to providing a safe use of technology and online safety for members, staff and volunteers. The acceptable use policy provides the framework for those safety practices and procedures.

Staff members, club members, and volunteers are required to complete an Internet Safety Orientation and before using Club technology equipment or a personal device, shall read and sign the Technology Acceptable Use Policy and

return it to the Club. A copy of the Technology Acceptable Use Policy is included in your membership registration packet.

Monitoring and inspection

Boys & Girls Club of the Foothills reserves the right to monitor, inspect, copy, and review a personally owned device that is brought to the Club. Members may refuse to allow such inspections. If so, the member may be subject to disciplinary action up to and including termination.

Parental Notification and Responsibility

While Boys & Girls Clubs of the Foothills Technology Acceptable Use Policy restricts the access of inappropriate material, supervision of internet usage might not always be possible. Due to the wide range of material available on the internet, some material might not fit the particular values of members and/or their families. Because of this, it is not considered practical for Boys & Girls Clubs of the Foothills to monitor and enforce a wide range of social values in student use of the internet. If parents/guardians do not want members to access information beyond the scope of the Technology Acceptable Use Policy, they should instruct members not to access such materials.

Tobacco, Alcohol & Controlled Substances

Through BGCA programing, club members are instructed on avoiding potentially threatening situations and resisting drugs, alcohol, sexual relations and violence. Tobacco, alcohol and controlled substances are not allowed on any Boys & Girls Club of the Foothills sites. If there is reason to believe a club member is using substances, there will be intervention from the Site Director. If they are using or in possession of substances, further disciplinary actions will be taken, and parents/guardians notified.

Food

In order to maintain a clean facility, gum, sunflower seeds, popcorn or other messy food items are not permitted on site. Vending machines are located at some of our sites but members are asked to only make purchases with staff approval. Members are not allowed to utilize the Club microwave or refrigerator.

Breaks/Furlough Days

Winter and spring breaks as well as furlough days and holidays not listed above are included in the monthly program fee for members. Non-members can register for breaks/furlough days for a daily fee. We ask parents/guardians to sign up for breaks/furlough days to help inform the level of staffing required each day. If your child is spending the entire day at the Club, please pack a lunch, putting first and last name on the bag. A late afternoon snack is provided

to all members on breaks/furlough days.

Emergency Drills

Boys & Girls Club of the Foothills will receive parent/guardian consent each year for the emergency operations drills. Parent consent can come in the form of:

• Parents/guardians will receive prior notification about scheduled emergency drills. If any parent/guardian does not want their child to participate in the drill, it is required that the child does not attend the Club on that specific day. It is mandatory for all Club members in attendance to take part in the drill.

The following drills/exercises are recommended for practice annually:

- 1. Fire
- 2. Earthquake
- 3. Shelter in Place
- 4. Active Assailant

Evacuation Plan

An Emergency Evacuation Plan, including the location of emergency exits and evacuation routes, is posted in all rooms. Staff should be prepared to select an alternate exit in the event the designated escape route is blocked. Must have one created/updated for each site.

- 1. Fire alarms, whistles, two-way radios, etc. will be used to sound an evacuation situation.
- 2. Staff and members will walk quickly to the nearest exit.
- 3. Staff and members will move 200 feet away from the building. Keeping all roads clear for emergency vehicles and will stay in the assembled area until instructed otherwise.
- 4. If time permits, lights will be turned off and any equipment that was being used will be left.
- 5. Staff and members will not re-enter the building until an appropriate person gives the 'all clear.'

Limitations of the Parent/Guardian Handbook

The statements contained in this Handbook are guidelines concerning some of the Club's policies and procedures, and do not create any contractual or other legal obligations. Parents/guardians are welcome to ask questions about and discuss any policy with Site Directors and other Club leadership. This Handbook cannot anticipate every situation or answer every question about your child's involvement at the Club. The Club reserves the right to change or revise all or any portion of this Handbook without advance notice and at any time that the Club, in its sole discretion, deems such change or revision appropriate or necessary.